



College of  
Chinese Medicine  
**West London**



# Prospectus

**2020/2021**





## Courses

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## **TCM and Acupuncture**

### **3-Months Foundation Diploma Course – Level 1**

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**Next course starts** September 2020

**Course Outline** This is a part-time 3 months level-1 Foundation course in TCM and Acupuncture. The course is designed to serve as a theoretical foundation for students with an interest in Oriental medicine and acupuncture or students who wish to deepen their TCM and acupuncture knowledge. The course also serves as a preparation module for students on practitioner- level courses in TCM, Acupuncture, Chinese Herbal Medicine, Orthopedic acupuncture, Tui Na and Acupressure massage.

**Admission Requirements** The course is designed for both working and prospective therapists. It is also open to anybody with an interest in TCM and acupuncture. As this is a foundation course, formal anatomy and physiology is not required but is highly recommended.

**Course Cost** The course fee is £1200\*



## Sports and Orthopaedic Acupuncture Diploma Course

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**Next course starts** September 2020

**Course Outline** This is a post-graduate professional Diploma course composed of a TCM and Acupuncture Theory Foundation Module (9 lecture days) and a Special Orthopaedic Acupuncture Module (8 lecture days) with additional 4 clinical practice days and a re-validation day. The course is specifically designed as an advanced, intensive course for acupuncturists, physiotherapists, osteopaths, chiropractors and other physical therapists who wish to broaden their knowledge and further their skills. The emphasis of the course falls on the practical application of acupuncture as a treatment for a variety of MSK conditions.

**Admission Requirements** The course is designed as an advanced, intensive course for sports, massage and other physical therapists, as well as acupuncturists, Osteopaths, Chiropractors, Physiotherapists, Doctors and other state registered Health Professionals. The applicants must have completed at least an ITEC level 3 Anatomy & Physiology (or equivalent) previous training. Adequate knowledge of Anatomy & Physiology is essential.

**Course Cost** The course fee is £2200\*





## **Auricular Acupuncture for Drug & Alcohol Rehabilitation and Stress Management Diploma Course**

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**Course Dates** 30 May 2020 and 6 June 2020

**Course Outline** The course is based on 2 seven-hour sessions. The course centres on a specialised treatment that is used to control symptoms of tension, irritability, hypersensitivity, anxiety, depression and other states of functional and nervous imbalance associated with withdrawal of opiates, nicotine and alcohol as well as stress.

The emphasis of the course falls on the practical application of auricular acupuncture for alcohol and drug rehabilitation and stress management. It covers how to assess if auricular acupuncture is suitable, how to diagnose patient's needs, plan and discuss the treatment and obtain consent. It focuses on how to accurately locate and effectively needle ear points.

**Admission Requirements** The course is designed specifically for therapists working in drug and alcohol rehabilitation centres. It is also open to other therapists and anybody with interest in acupuncture, auricular therapy and stress management.

**Course Cost** The course fee is £210\*



## **Auricular Acupuncture for MSK and Pain Conditions Certificate Course**

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**Course Dates** 30 & 31 May 2020 and 13 & 14 June 2020

**Course Outline** The course comprises of 4 seven-hour contact sessions and runs on two weekends over 1 month period. It is designed as a postgraduate Certificate course for acupuncture, massage and other physical therapists, who want to broaden their knowledge and further their skills. The course is level-2 course and is open for level-1 Auricular therapists with sufficient (ITEC level 3 or equivalent) Anatomy & Physiology knowledge and interest in MSK medicine. The emphasis of the course falls on the practical application of auricular acupuncture for MSK pain conditions – how to locate the ear points and how to needle them. This is a level-2 auricular acupuncture course. It includes a short theoretical lecture during the first session, which covers basic anatomy of the ear, general concepts of TCM and auricular therapy, health and safety issues and contraindications for auricular acupuncture.

**Admission Requirements** The course is designed as an intensive course for physical and sports therapists, body and auricular acupuncturists. The applicants would require a previous Anatomy & Physiology study – ITEC level 3 or equivalent.

**Course Cost** The course fee is £420\*



## Acupressure Massage 6-Month Diploma Course

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**Next course starts** January 2021

**Course Outline** This is a 6-month professional Diploma course, which is based on 15 contact sessions (9.30am to 5.30pm) over six months (once a month). The course includes a general theoretical TCM and Acupuncture foundation module and a practical Acupressure massage module. It is designed as an advanced, intensive course for massage therapists and other physical therapists, who want to broaden their knowledge and further their skills. The emphasis of the course falls on the practical application of acupressure massage as treatment for variety of musculo-skeletal conditions.

**Admission Requirements** The course is designed as an advanced, intensive course for sports, massage and other physical therapists. The applicants must have completed at least an ITEC level 3 Anatomy & Physiology (or equivalent) previous training. Adequate knowledge of Anatomy & Physiology is essential.

**Course Cost** The course fee is £1500\*





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## **Acupuncture Meridian Stretch**

### **Advanced 3-day Course**

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**Course Dates** 26, 27 & 28 June 2020

**Course Outline** The course is based on three 7-hour sessions over a three-day weekend (Friday, Saturday and Sunday) It is designed as a postgraduate advanced CPD course for acupuncture, massage and other physical therapists and personal trainers who want to broaden their knowledge and further their skills. The course is also suitable for athletes, martial artists and anyone with an interest in sport and fitness, who wants to deepen his/hers understanding of the function of the musculo-skeletal system and enhance their training.

**Admission Requirements** The course is designed as an intensive foundation course for therapists, personal trainers and people involved with fitness, sport and martial arts. The applicants would benefit from a previous Anatomy & Physiology study, although formal A&P is not required.

**Course Cost** The course fee is £280\*





## **Anatomy, Pathology, Palpation Diagnosis & Acupuncture/Acupressure Treatments for Common MSK Conditions**

### **One-Day CPD Seminars/Workshops**

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**Seminar Dates** Low Back and Hip: 11 July 2020

Upper Back and Neck: 12 July 2020

Shoulder: 12 September 2020

Knee: 13 September 2020

**Seminars Outline** These are one-day seminars/workshops (10am-5pm) for acupuncture, massage and other physical and sports therapists and personal trainers who want to broaden their knowledge and further their skills. They are designed to fulfil the CPD requirements set by the Acupuncture Society and other professional organisations.

**Admission Requirements** The seminar is designed as a CPD course for acupuncture, acupressure, Tuina, Shiatsu, massage and other physical and sports therapists, as well as personal trainers.

**Seminars Cost** The individual seminar fee is £100\*