



Treatment Safety Check List

The list below is a student safety guide used prior undertaking a CCM course. We aim to protect the health and safety of students in training and also those they practise on during and after the course.

If you suffer from any of the conditions listed below or other conditions which have not been included that you feel are relevant, please inform us prior to class treatments so that we can assess your suitability for such treatment. Where there is any doubt please consult your GP.

- A recent operation
- An untreated medical condition
- Severe Bone or joint disorders (Rheumatoid/Osteoarthritis, osteoporosis)
- Cardiovascular disorders (high blood pressure, heart / circulatory disease, thrombosis)
- Diabetes
- Endocrine disorders
- Epilepsy
- Drug addiction or recent use of cocktails of recreational and prescribed drugs and or excessive alcohol consumption
- Medication
- Pregnancy (or post-natal)
- Severe skin disorders
- Severe mental illness
- Spinal injuries
- Prone to fainting
- If you suffer from infectious diseases like hepatitis b or HIV
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You must also have eaten about 2 hours prior to treatment. Please inform tutor if you haven't.

If there anything else we should know about your health, please let the tutor know.

The same proceeding is required prior to treating your clients or during assignments.